

FATHER, CREATOR OF EVERYTHING

Father, creator of everything, thank you for this moment, this precious only moment.

Father forgive me for I have been lost in another moment, a moment created in my mind.

Father only forgive me as I understand the other, who also lives within his mind and it is only through me recognising the same that my sins are forgiven and I can get up and walk.

Father let me not indulge upon my moment but rather observe the true moment and perhaps also see the play of the mind, the game, the illusion.

Father there is only one day.

There is no other.

Father it is through gratitude that I shall learn humility.

Father it is through humility I shall learn service.

Father it is through service shall I see my fellow man.

Father it is through seeing my fellow man I shall see myself.

Father it is through seeing myself I shall see you.

Father it is through seeing you I shall see nothing separate from you.

Father through seeing nothing separate shall I live forever.

Amen.